Boise State University Transportation and Parking Services wants your help in being recognized as an organization that goes the EXTRA MILE to make our roadways and environment in the Treasure Valley a better place to live. We encourage all to join us in using and tracking alternative-commute trips for May in Motion.

Ready, Set... and Don’t Forget to Track Your Trips.

May in Motion starts soon! During May in Motion, participants are asked to track their trips using smart transportation options.

Departments:

Departments can find a template tracking sheet at: https://docs.google.com/spreadsheets/d/1SJkOESAwnRX2m0e05qtQ_mcw87flaq8783fmQArwscA/edit?usp=sharing

Please make a copy of this tracking workbook, save it to Google Drive with the name MayInMotion_YourDepartmentName and open edit sharing with your department participants. For additional information please contact TPS Admin at 426-4168. Department Tracking will need to be completed and returned by June 1, 2015.

Individuals:

Individuals, not already tracking through a specific department, can find an online form at: https://docs.google.com/forms/d/1NP2Tag-SUDkniyRoiL7Z2nArtLc870G7eYsdxnwoxe8/viewform?usp=send_form. Individuals may join any Boise State department of their choice on this form. Form responses can be edited until 11:59 p.m., May 31, 2015.

Why track your trips?

Your trip tracking allows CommuteRide and VRT to demonstrate to decision makers that not only do people want smart transportation options but they are already using what is available to them.

What counts as smart transportation options?

(Try just once/week in May)

- **Carpool**
  - Are you riding with your spouse to work (that counts!!)
  - Are you dropping off your licensed teenager to school on your way to work? (licensed being the key word...technically it’s saving a trip)

- **Vanpool**
  - info can be found at https://www.commuteride.com/vanpool/Default.aspx

- **Bus**
  - Get your 2015-2016 Employee/Student bus sticker at the Transit Center, located in the Student Union Building.
  - **Free parking at the Elder Street Park & Ride for the Month of MAY.** Permit is $5.00 annually (with any current permit). Park & Ride is on the ValleyRide route #3. Visit Transit Center for permit and route information.

- **Biking (single, tandem or unicycle)**
  - May is also **National Bike Month**, Important Bicycle Celebration dates will be posted on Transportation & Parking’s webpage: transportation.boisestate.edu
  - Boise Bike Project (BBP) is promoting a no car May 7 event. See boisebicycleproject.org for more details.
  - The Cycle Learning Center has bicycles for rent or sale and a May in Motion faculty/staff Tune-Up Special. Call 426-1131 for more information.

- **Walking**
- **Skate board, inline skates, roller skates, or pogo stick**
- **Tech-Commuting**
- **Work a condensed work week** (ie.4-10s instead of 5-8s)
Extra Fun for May in Motion

Transportation and Parking Services Sponsored Contests:

Top 4 Boise State Department’s in Motion
Top 15 Individuals in Motion

Prizes include: CLC gift cards, bike rentals, tune-ups, Carpool and Park & Ride permits, day parking passes, CommuterRide memberships, GreenBike memberships, CarShare credits, and more...

Share your May in Motion action.

Post your photos to Commuteride’s page or use hashtag #MayinMotion2015. Like or post to Commuteride’s page to be entered into prizes all month long.